

Mound City Junior High Quad Meet
Mound City, Mo.
Tuesday, April 2nd 2024

Participating Schools: Nodaway Valley, Platte Valley, East Atchison, Mound City

3:30 PM Coaches' Meeting. No additions or substitutions.

Field Events – 4 throws or jumps

4:00 PM Shot put – Girls followed by boys (Nodaway Valley)
Discus- Boys followed by girls (Mound City)
Triple Jump- Boys followed by girls (East Atchison)
Long Jump- Girls followed by boys (Mound City)
High Jump- Girls followed by boys (Platte Valley)
Pole Vault- Boys followed by girls (Will Haer)

Track Events – girls followed by boys

5:00 PM 100m Hurdles (girls) Finals
100m Hurdles (boys) Finals
100m Dash (girls) Finals
100m Dash (boys) Finals
4 X 200m Relay(girls) Finals
4 X 200m Relay (boys) Finals
1600m Run (girls) Finals
1600m Run (boys) Finals
4 X 100m Relay (girls) Finals
4 X 100m Relay (boys) Finals
400m Dash (girls) Finals
400m Dash (boys) Finals
800m Run (girls) Finals
800 M Run (boys) Finals
200m Dash (girls) Finals
200m Dash (boys) Finals
4 X 400m Relay (girls) Finals
4 X 400m Relay (boys) Finals